

KUHAM DOMAČE HOMELY COOKING

Kulinarika dobiva na polju turizma, kulturne dediščine in razvoja podeželja zelo pomembno vlogo, kar prepoznavamo tudi na Razvojni agenciji Zgornje Gorenjske. S projektom KUHAM DOMAČE si prizadevamo ohranjati in širiti znanja priprave tradicionalnih domačih jedi. Na kuharskih delavnicah, ki jih izvajamo v živo in preko spleta, ne pripravljamo le posameznih domačih jedi, pač pa ovekovečimo njeno dediščino in spoznavamo postopek priprave od njive do krožnika. Zlasti nas zanima, kako so to počele naše babice in dedki. V aktivnosti vključimo in med seboj povežemo deležnike na različnih nivojih: lokalne muzeje, gostince, šole, društva podeželskih žena in posameznike, npr. lokalne gospodinje, ki so pripravljene deliti svoja kuharska znanja. Navsezadnje si s tem prizadevamo okrepiti medsebojne vezi med domačini.

Pomemben korak naprej od samih kuharskih delavnic je izvedba projekta KUHAM DOMAČE na Jesenicah, kjer smo moči združili z Gornjesavskim muzejem Jesenice in jeseniškimi gostinci ter izdelali pričujoči meni *Delavska malca*. Na ta način znanja in vedenja o naši prehranski dediščini ne le zapišemo, ampak jih prenašamo v prakso, na krožnik – skratka v življenje.

Culinary arts play an increasingly important role in the field of tourism, cultural heritage and development of rural areas, which we also recognize at RAGOR. With the HOMELY COOKING project, we strive to preserve and share the knowledge and skills of preparing traditional home-made dishes. In the cooking workshops, which we carry out both live and online, we not only prepare individual home-made dishes, but also help preserve our culinary heritage and get to know every step of the food preparation process from the field to the plate. We are especially interested in the culinary skills and traditions of our grandparents and earlier ancestors. The activities involve and connect participants on different levels: local museums, caterers and restaurants, schools, rural women's associations and knowledgeable, highly skilled individuals such as local housewives who are willing to share their cooking skills, experience and recipes. After all, we are trying to hereby strengthen the mutual ties between the locals.

An important step forward from the cooking workshops is the implementation of the HOMELY COOKING project in Jesenice, where we joined forces with the *Gornjesavski muzej Jesenice* and Jesenice chefs and restaurants and created the present menu called *The Workers' Lunch*. In this way, the knowledge and nearly forgotten secrets about our culinary

heritage are not merely written down, but given a new life, – transferred from the paper to the plate, from texts to tables.

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